

All On X or Full Arch Implants

- Implant surgeries are typically fairly painless and have minimal swelling. However, expect some discomfort and swelling in the area which should resolve over the next 2-3 days.
- Local anesthetic may last 2-6 hours. Be careful not to bite your lips, cheeks, and tongue. Move your jaw cautiously until feeling returns.
- For the first 24 hours following your procedure, a responsible adult should be available to assist you.
- Beginning tomorrow (the first day after your procedure) you may rinse with warm salt water (1/2 teaspoon salt to 1 cup warm water) several times a day for the first couple of days, then rinse after meals and at bedtime for the next 2 weeks.
- Begin rinsing with the chlorhexidine rinse (if prescribed) the day after your procedure. Rinse twice a day for the next 2 weeks.
- The first 3-5 days after your procedure may consist of varying degrees of tenderness and discomfort. Take medication as recommended by your doctor.
- No strenuous activities for the first few days following your procedure.
- Avoid tobacco products for at least 72 hours post operatively.
- Do not pick or pull at the sutures. Most patients have sutures that dissolve within 5-7 days.
- It is important to maintain your dietary intake. Begin with soft, cold foods. You must stick with a soft diet (food that can be smashed with a fork) for the first 2-3 months. After 2-3 months you can advance to more solid foods but nothing hard and crunchy. Drink plenty of liquids during the post op period, especially when taking medications.
- After two weeks, begin using a soft bristle toothbrush and water-pik type oral irrigation to keep prosthesis clean and free of debris. Do not floss.

Report the following to your surgeon

- Excessive bleeding
- Persistent nausea (more than 24 hours)
- Severe, uncontrolled pain
- Development of rash/itching/wheezing
- Temperature over 101 degrees F (by mouth)
- Incision becomes red, warm, tender, swollen.

If you have any questions or concerns, please call the office.

◆...Dental Implants...Wisdom Teeth...Dentoalveolar Surgery...Extractions...Pathology...Corrective Jaw Procedures...Reconstruction...Trauma...◆